



PATIENT (LEGAL) NAME: \_\_\_\_\_ SEX: \_\_\_\_\_ BIRTHDATE: \_\_\_\_\_

PREVIOUS/MAIDEN NAME(s): \_\_\_\_\_ SSN: \_\_\_\_\_

PHYSICAL ADDRESS: \_\_\_\_\_  
City State Zip

MAILING ADDRESS: \_\_\_\_\_  
City State Zip

PHONE: HOME/CELL: \_\_\_\_\_ EMAIL: \_\_\_\_\_

EMPLOYER: \_\_\_\_\_ PHONE: \_\_\_\_\_

SPOUSE NAME: \_\_\_\_\_ SPOUSE DOB: \_\_\_\_\_ PHONE: \_\_\_\_\_

EMERGENCY CONTACT (OUTSIDE OF HOME): \_\_\_\_\_ PHONE: \_\_\_\_\_

**HOW DID YOU HEAR ABOUT US?** \_\_\_\_\_

**COMPLETE THIS SECTION IF PATIENT IS UNDER THE AGE OF 18 OR A COVERED DEPENDENT**

*(Please note: If you are over 18, but covered by your parent(s) insurance plan, we can bill your parent(s) for you as a courtesy. Please understand you are ultimately responsible for any unpaid balances on your account.)(If you do fill this section out-this shall also serve as a release to communicate with said individuals regarding your account balance.)*

**MOTHER'S INFORMATION:**

NAME: \_\_\_\_\_ DOB: \_\_\_\_\_ PHONE: \_\_\_\_\_

ADDRESS: \_\_\_\_\_ EMPLOYER: \_\_\_\_\_ WORK PHONE: \_\_\_\_\_

**FATHER'S INFORMATION:**

NAME: \_\_\_\_\_ DOB: \_\_\_\_\_ PHONE: \_\_\_\_\_

ADDRESS: \_\_\_\_\_ EMPLOYER: \_\_\_\_\_ WORK PHONE: \_\_\_\_\_

**INSURANCE INFORMATION**

**PRIMARY:**

POLICYHOLDER NAME: \_\_\_\_\_ DOB: \_\_\_\_\_ RELATION: \_\_\_\_\_

INSURANCE COMPANY: \_\_\_\_\_ ID/CLAIM #: \_\_\_\_\_ GROUP #: \_\_\_\_\_

**SECONDARY:**

POLICYHOLDER NAME: \_\_\_\_\_ DOB: \_\_\_\_\_ RELATION: \_\_\_\_\_

INSURANCE COMPANY: \_\_\_\_\_ ID/CLAIM #: \_\_\_\_\_ GROUP #: \_\_\_\_\_

\_\_\_\_\_  
SIGNATURE OF RESPONSIBLE PARTY (PATIENT OR PARENT/GUARANTOR IF PATIENT IS A MINOR) DATE

# aprs

## PHYSICAL THERAPY

NAME: \_\_\_\_\_

DATE: \_\_\_\_\_

**A. PLEASE READ AND ANSWER THE FOLLOWING QUESTIONS:**

1. ARE YOU CURRENTLY ENGAGING IN ANY FORM OF EXERCISE? \_\_\_\_\_

IF YES, LIST ACTIVITY, FREQUENCY AND INTENSITY: \_\_\_\_\_

2. HOW ACTIVE IS YOUR LIFESTYLE?    \_\_\_ SEDENTARY    \_\_\_ MODERATE PHYSICAL ACTIVITY    \_\_\_ HEAVY PHYSICAL ACTIVITY

3. WHAT IS YOUR JOB TITLE IF CURRENTLY WORKING? \_\_\_\_\_  
 DESCRIBE THE TYPES OF ACTIVITIES INVOLVED IN YOUR JOB (HEAVY LIFTING, STAIR CLIMBING, WALKING, SITTING AT DESK, ETC):  
 \_\_\_\_\_  
 \_\_\_\_\_

4. PLEASE INDICATE YOUR EXPECTATIONS AND GOALS FOR YOUR TREATMENT: \_\_\_\_\_  
 \_\_\_\_\_

**B. PLEASE FILL OUT YOUR PAIN LEVELS AND MARK WHERE YOU ARE FEELING THE PAIN ON THE DIAGRAM BELOW.**

PAIN / DISCOMFORT/DIZZINESS DESCRIPTION

SYMPTON FREQUENCY:

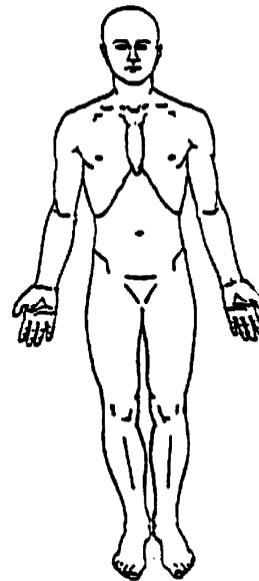
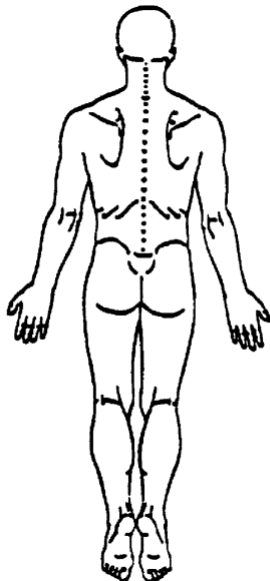
- \_\_\_ CONSTANT
- \_\_\_ COMES AND GOES AT REGULAR TIMES
- \_\_\_ HAPPENS ONCE IN A WHILE

RELATIONSHIP OF SYMPTOMS TO SLEEP:

- \_\_\_ WAKES FROM SLEEP
- \_\_\_ PREVENTS SLEEP
- \_\_\_ BETTER AFTER SLEEP

SYMPTOM SCALE-	0 BEING NONE AT ALL						10 BEING AS BAD AS IT CAN BE					
AT WORST	0	1	2	3	4	5	6	7	8	9	10	
CURRENT	0	1	2	3	4	5	6	7	8	9	10	
AT BEST	0	1	2	3	4	5	6	7	8	9	10	

**Key:** /// Stabbing    XXX Burning    000 Pins & Needles    === Numbness



PATIENT SIGNATURE: \_\_\_\_\_

DATE: \_\_\_\_\_



NAME: \_\_\_\_\_

DATE: \_\_\_\_\_

**MEDICAL HISTORY:**

CHECK ANY OF THE FOLLOWING THAT APPLY TO YOU:

- |  |  |   |
|--|--|---|
| <input type="checkbox"/> ALZHEIMER'S                     | <input type="checkbox"/> HIGH BLOOD PRESSURE           | <input type="checkbox"/> OSTEOARTHRITIS             |
| <input type="checkbox"/> CARDIOVASCULAR DISEASE          | <input type="checkbox"/> HISTORY OF CANCER             | <input type="checkbox"/> PARKINSON'S                |
| <input type="checkbox"/> CURRENT INFECTION               | <input type="checkbox"/> HUNTINGTON'S                  | <input type="checkbox"/> PREGNANT/POSSIBLY PREGNANT |
| <input type="checkbox"/> CVA/STROKE                      | <input type="checkbox"/> LUPUS                         | <input type="checkbox"/> RHEUMATOID ARTHRITIS       |
| <input type="checkbox"/> DIABETES TYPE 1/TYPE 2 (CIRCLE) | <input type="checkbox"/> MUSCULAR DYSTROPHY            | <input type="checkbox"/> TRAUMATIC BRAIN INJURY     |
| <input type="checkbox"/> FIBROMYALGIA                    | <input type="checkbox"/> HIV, HEPATITIS B, HEPATITIS C |   |

PREVIOUS FRACTURED BONES (IF SO WHICH ONES): \_\_\_\_\_

SURGICAL HISTORY: \_\_\_\_\_

OTHER: \_\_\_\_\_

PLEASE LIST BELOW YOUR CURRENT PRESCRIPTION(S), OVER-THE-COUNTER, HERBAL, VITAMIN/ MINERALS / DIETARY (NUTRITIONAL SUPPLEMENTS) MEDICATIONS. IF YOU HAVE A CURRENT LIST OF YOUR MEDICATIONS WITH ALL OF THE BELOW INFORMATION, PLEASE PROVIDE IT TO THE FRONT OFFICE AND THEY CAN MAKE A COPY.

**PRESCRIPTION MEDICATIONS:**

MEDICATIONS	DOSAGE	FREQUENCY	ROUTE (EX:ORALLY)	REASON FOR TAKING

**OVER-THE-COUNTER / HERBAL / VITAMIN /MINERAL / DIETARY (NUTRITIONAL SUPPLEMENT):**

MEDICATIONS	DOSAGE	FREQUENCY	ROUTE (EX:ORALLY)	REASON FOR TAKING

**For Future Appointments Only**

I \_\_\_\_\_, AFFIRM THAT THE ABOVE MEDICATION LIST AND MEDICAL HISTORY IS ACCURATE AND ANY NECESSARY CHANGES HAVE BEEN MADE.

SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_\_

I \_\_\_\_\_, AFFIRM THAT THE ABOVE MEDICATION LIST AND MEDICAL HISTORY IS ACCURATE AND ANY NECESSARY CHANGES HAVE BEEN MADE.

SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_\_